

# CHRISTMAS APPEAL



## HELP SUPPORT YOUR FOOD BANK WITH FOOD AND FUNDS THIS CHRISTMAS

In the 3 weeks leading up to Christmas the food bank will provide over **300** Christmas food parcels for local individuals and families facing hardship.

**THANK YOU FOR YOUR SUPPORT**

### DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



### DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



### SHOPPING LIST TOP TEN ITEMS

Tinned Meats 1  
Tinned Fish 2  
UHT Milk 3  
Dried Milk 4  
Instant Mash 5  
Custard 6  
Biscuits / or cake 7  
Small cans of veg 8  
Fruit juice /or Squash  
Toilet Rolls 10

Don't forget...

You can help transform more lives with a financial donation too.

[hinckleyarea.foodbank.org.uk](http://hinckleyarea.foodbank.org.uk)

Registered Charity in England & Wales (1154754)